

Q-HEALTH SURVEY - DEFINITIONS^{1,4,5}

Sexual orientation: An enduring emotional, romantic, or sexual attraction. Sexual orientation is fluid. Asexuality is also considered a sexual orientation.

- **Lesbian (L):** A woman whose primary sexual orientation is toward people of the same gender.
- **Gay (G):** A sexual orientation toward people of the same gender.
- **Bisexual (B):** A person whose primary sexual and affectional orientation is toward people of the same and other genders, or towards people regardless of their gender.
- **Queer (Q):** Historically a pejorative term, an identity now being reclaimed by some members of the LGBT community as a self-affirming umbrella term relating to or being a person whose gender identity or sexual orientation does not conform to male/female or straight/gay binaries. The term acknowledges the myriad of complex, fluid identities that an individual can hold at any given time.
- **Straight:** A sexual orientation toward people of the opposite gender.

Gender: A social construct used to classify a person as a male, female, or other identity. Fundamentally different from the sex one is assigned at birth.

Gender identity: A person's internal sense of being male, female, some combination of male and female or neither male nor female.

- **Transgender (T):** Used most often as an umbrella term relating to or being a person whose gender identity and/or expression differs from what is associated with the sex the person was assigned at birth. Other definitions include a person whose gender identity is outside of the man/woman binary, or having no gender or multiple genders.
- **Genderqueer:** A person whose gender identity cannot be categorized as solely male or female. Some individuals who identify as genderqueer see themselves as a combination of feminine and masculine while others see themselves as neither masculine nor feminine. Some genderqueer individuals consider themselves transgender while others do not. The term is not a synonym for transgender and should only be used if someone self-identifies as genderqueer.
- **Gender non-binary:** A person whose gender identity does not fit in the male and female binary. Some non-binary individuals also identify as transgender while others do not. The label non-binary has overlap with the term genderqueer but may be seen as the preferred term as "queer" may be used as pejorative term. The term is not a synonym for transgender and should only be used if someone self-identifies as gender non-binary.
- **Cisgender:** A term used by some to describe people whose gender identity matches their sex assigned at birth.